

FOR IMMEDIATE RELEASE

"Life's Healing Choices" - Our Savior's Way Asks Community to Pursue Happiness by Overcoming Hurt's, Hang-ups, and Habits

ASHBURN, VA – January 16, 2011: Our Savior's Way Lutheran Church in Ashburn announced today they are beginning a new sermon series on January 30th to study Jesus' advice to the world on achieving happiness and freedom in life as written in the Sermon on the Mount. The book "*Life's Healing Choices*" by Pastor John Baker and study materials from Saddleback Church in California will be used during this series.

Quoting from Saddleback's materials, Our Savior's Way Senior Pastor Bill Mann said today: "Life Happens. Happiness, spiritual growth, and healing are ours for the choosing. We've all been hurt by other people, we've hurt ourselves, and we've hurt others. And, as a result, every single one of us ends up with some sort of hurt, hang-up, or habit. But the question we all face is, "where do we go from here?" Pastor Mann further noted in addition to the nine sermons from January 30 through March 27, there will be both weekday and Sunday morning study opportunities to discuss this material in small group settings. Each of the small group sessions begin with a DVD message and discussion of the lesson of the week material by Saddleback's Pastor, Rick Warren.

Supplementing the special small study groups focusing on "Life's Healing Choices", Our Savior's Way has many small groups which are organized around common interest areas such as: weight loss, married couples, cooking, caring/sharing, men's and women's groups, families with children, and young adults while other groups are more general or based on geographic areas. All small groups have Bible study, fellowship, community/mission service, prayer, and outreach components - meetings are held at church, people's homes, or at other venues as determined by the group. While being organized by Our Savior's Way, these groups are for the community at large and everyone is welcome to attend. A detailed explanation of all groups and group contact information may be found at: <http://www.oswlc.org>.

Our Savior's Way, along with the Open Arms Christian Child Development Center, has provided a caring atmosphere for children and families in the Ashburn area for over 10 years. Open Arms is available to children from 6 weeks to 12 years old and offers preschool, full daycare, after-school programs, and summer camp. They are located at the intersection of Waxpool Road and Claiborne Parkway (1 mile south of Exit 5 of the Greenway) and have recently completed expanding their facility to provide room for additional preschool, full daycare and community services.

For Church and Open Arms Information: <http://www.oswlc.org>
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